

# information

## EMPLOYEES WITH PARKINSON'S

Parkinson's is a progressive neurological condition, which is characterised by both motor (movement) and non-motor symptoms.

Many people develop Parkinson's while they are still in the workforce with the average age of diagnosis being 55. Young onset Parkinson's refers to those diagnosed between 21 and 40. While each person with Parkinson's will present uniquely, the most common symptoms are:

- tremor and bradykinesia (slowness of movement)
- muscle rigidity
- postural instability.

Other more visible symptoms which may affect employment include decreased facial expression, microphonia (quiet voice) and micrographia (small handwriting).

Ideally a person with Parkinson's will be able to continue in employment. This may require adjustments and understanding from employers and colleagues. This is not only a financial benefit but also enhances independence and self-esteem. With support following diagnosis, productive employment may be possible. Discussion with the employee living with Parkinson's to identify their specific needs is recommended.

### Disability Employment Services

This is a government funded service that may assist with maintaining employment available through the JobSearch website [www.jobsearch.gov.au](http://www.jobsearch.gov.au).

### CRS Australia

This is a Federal government service (formerly known as Commonwealth Rehabilitation Service). It is a provider of disability employment and assessment services to employers and people with a health condition. Referral can be carried out via [www.crsaustralia.gov.au](http://www.crsaustralia.gov.au).

### Parkinson's and Employment Discrimination


In addition to Federal legislation, each state and territory has specific rulings to address the needs of both the employer and employee in cases where disability impacts on employment. Individual advice should be sought from the relevant authority. Workers' compensation legislation may apply in some circumstances. Other sources of information are:

- Parkinson's Victoria – Work and Superannuation
- Parkinson's Victoria – Disability Employment Services
- Parkinson's Victoria – Making Decisions About Work [www.parkinsonsvic.org.au](http://www.parkinsonsvic.org.au)
- Parkinson's Disease Society (UK) – Employment and Parkinson's [www.parkinsons.org.uk](http://www.parkinsons.org.uk)

For further information contact your state Parkinson's organisation:  
**Freecall 1800 644 189 [www.parkinsons.org.au](http://www.parkinsons.org.au)**

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